



4th Interdisciplinary

World Health Congress

on Health Research and Education in the MENA Region
Innovation - Collaboration - Transformation

CONGRESS BOOKLET

Faculty of Medicine
"Ibn Al-Jazzar"

Sousse, Tunisia
April 12-17, 2026

4th. Interdisciplinary World Health Congress on Health Research and Education in the MENA Region

This Congress will continue our mission of promoting impactful health research, fostering institutional collaboration, and shaping solutions for global and regional health challenges. Professionals, educators, and policy-makers from over 25 countries across five continents will use this powerful platform to exchange knowledge, build partnerships, and create sustainable health strategies.

ORGANIZED BY



Global Health Research
Management & Solutions



University of Sousse



Faculty of Medicine Ibn Al-Jazzari

Congress Host

Faculty of Medicine Ibn Al-Jazzar was founded in 1974 and named after the renowned 10th-century physician Ibn Al-Jazzar. It is a leading medical institution with over 6,000 students and 600 faculty, it offers top-tier medical and doctoral education meeting Tunisia's clinical excellence and research needs in public health, community medicine, and tropical diseases.



Why in the MENA Region?

Healthcare delivery systems in the Arab World and the MENA Region are facing unique challenges including regional conflicts, research underfunding, healthcare disparities and climate change. This Congress is a platform for strategic action, allowing these countries to lead their own health agendas with global support.

Why Attend?

- **Engage Global Experts** in public health policy, climate health threats, chronic and communicable diseases, AI in healthcare, and mental health.
- **Network with local and International Leaders**
- **Enhance Your Skills** by attending workshops on:
 - Biostatistics
 - Motivational interviewing
 - Emergency preparedness
 - Mental health
 - Research funding and publication
- **Participate in High-Impact Sessions** e.g. plenary sessions, panels, workshops, and strategic fora



Congress Themes

- Global collaboration in mental health
- Chronic & communicable disease prevention
- Climate change & health
- Artificial intelligence in health systems
- Community engagement in health research
- Health systems in conflict-affected regions

Congress Scientific Venue

Faculty of Medicine Ibn Al-Jazzar, Sousse University, Tunisia's premier medical institution with a legacy of excellence in education and research.

Accommodation

5-star luxury at Mövenpick Resort & Marine Spa Sousse, offering Mediterranean beachfront access, pools, and spa facilities. The hotel package includes:

- Lodging in a deluxe sea front room
- All meals during congress days
- Gala Dinners
- Transportation to/from congress scientific venue
- Welcome reception

Who Should Attend?

Over 500 participants are expected, providing outstanding networking and collaboration opportunities. The Congress is intended for:

- Maternal and child health
- Simulation-based health education
- Policy-informed research & publication
- Research funding and capacity building
- Student exchange & interdisciplinary education
- Academics
- Practitioners
- Researchers and Scientists
- Healthcare Educators
- NGOs
- Students
- Public health professionals
- Mental health Professionals
- Dentists
- Epidemiologists
- Nurses
- Pharmacists



CONGRESS AT A GLANCE

4th Interdisciplinary World Health Congress on Health Research and Education in the MENA Region

	4/13/2026	4/14/2026	4/15/2026	4/16/2026
8:30 AM	WS 2 - Introduction to Motivational Interviewing: A Skills-based 1 day workshop WS 7 - Inter-professional Disaster Preparedness & Emergency Response: Simulation-Driven Approach to Building Institutional Resilience WS 2 - Introduction to Motivational Interviewing: A Skills-based 1 day workshop	Plenary A - Reflections on Public Health Research and Education Challenges in the Arab World	Plenary C - Epidemiology and Prevention of Non communicable Diseases in Africa.	Podium Presentations (1) PANEL XIII - From Classroom to Community: Faculty, Student, and Community Perspectives on Community-Engaged Teaching to Advance Public Health Practice PANEL XII - International capacity development initiatives and best practices for institutions
10:00 AM				
10:30 AM	WS 1 - Biostatistics WS 3 - Educating Health care Professionals on Mental Health WS 4 - Competency-Based Education (CBE)	PANEL I - Migration and Health PANEL II - Precision Medicine Equity and Accessibility PANEL III - AI in the Arab World: Challenges and Achievements	Break PANEL VII - Preparing the Public Health Workforce to be Health Diplomats Expert Presentations 1	Podium Presentations (2) PANEL XV - Health Security: Implementation of Clinical Fellowship and Impacts of Year One Training for Further Health Preparedness PANEL XIV - Health Research at the Faculty of Medicine of Soussse: Highlights from Research Laboratories and Doctoral School
12:00 PM				
1:30 PM	WS 6 - Adult ECMO WS 5 - Parallel Medicine: Phytotherapy and Acupuncture	PLENARY B - The Critical Role of Biorisk Management	PANEL IX - Mental Health Disorders and Mental Health Promotion in Africa Expert Presentations 2	Roundtable Discussion
2:00 PM				
3:00 PM	Opening Ceremony WELCOME RECEPTION	Break PANEL V - Healthy Longevity PANEL IV - Financial Opportunities in Project Implementation: Networking Dimensions in MENA	PANEL VI - Transforming Global Health Research Through Digital Mentorship - The GHRC Model PANEL X - Artificial Intelligence in Global Medicine: Building Bridges Across Data, Care, and Discovery	Adjoin CLOSING EVENTS Optional Visit to Mosaics Museum Start of Post-Congress Extension Tour
3:30 PM				
4:00 PM	WS 8 - Ethical Responsibility in Biomedical Research PANEL XI - Journey of International Medical Students in FMSO Highlights from Research Labs and Doctoral school	GALA DINNER	PILLARS OF HOPE DINNER	
5:00 PM				
7:00 PM				

WS 9 - Public Health Instruction for the MENA Region—Delivering Essential Public Health Functions



4th *Interdisciplinary*

World Health Congress

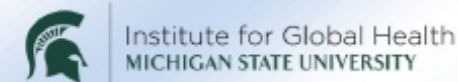
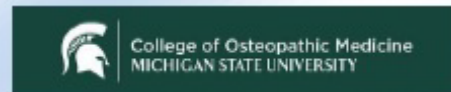
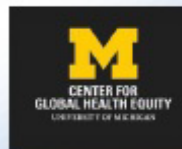
on Health Research and Education in the MENA Region
Innovation - Collaboration - Transformation

PARTICIPATING INSTITUTIONS AND LOGOS

Participating Institutions

- Africa CDC Africa Center for Disease Control, Addis Ababa, Ethiopia*
- AMEL AMEL Association, Lebanon*
- AUB American University of Beirut Faculty of Health Sciences, Beirut, Lebanon*
- ACCESS Arab Community Center for Economic and Social Services, Dearborn, MI, USA*
- ASPHER Association of Schools of Public Health in the European Region, Brussels, Belgium*
- BZU Birzeit University, Palestine*
- CDU Chouaib Doukkali University, Casablanca, Morocco*
- County Health County of Santa Barbara Health, CA, USA*
- FMS Faculty of Medicine Ibn Al-Jazzar, Sousse, Tunisia*
- FPHM Faculty of Pharmacy, Monastir University, Tunisia*
- GU Georgetown University, Washington, DC*
- GHRMS Global Health Research, Management & Solutions, USA*
- GNAPH Global Network for Academic Public Health*
- HFH Henry Ford Health, Detroit, MI, USA*
- ILMA International Lebanese Medical Association*
- KHCC King Hussain Cancer Center, Amman, Jordan*
- MPHI Michigan Public Health Institute*
- MSU Michigan State University, East Lansing, MI, USA*
- NAAMA National Arab American Medical Association, MI, USA*
- QU Qatar University, Doha, Qatar*
- HKU The University of Hong Kong, China*
- UofM SPH SPH The University of Memphis School of Public Health, TN, USA*
- UPA United Palestinian Appeal, USA*
- UA University of Alexandria, Egypt*
- UOM University of Michigan, Ann Arbor, MI, USA*
- UNM University of Minnesota, Minneapolis, MN, USA*
- ISPUP University of Porto, Portugal*
- UNMC University of Nebraska Medical Center, Omaha, NE, USA*
- WSU Wayne State University, Detroit, MI, USA*
- WHO World Health Organization, Tunis*

Congress Organizers and Partners



Scientific Patrons





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CONGRESS SCIENTIFIC AGENDA

MONDAY APRIL 13, 2026

**PRE-CONGRESS WORKSHOPS
AND EVENTS**

08:30 AM - *WORKSHOP 1 (ALL DAY)*

Moderator - *Dr. Jane Meza, UNMC*

Biostatistics - Evidence-Based Practice

Faculty - *Drs. Rim Ghammam, Meriam Ghardallou, and Sihem Ben Fredj (FMS)*

Session Summary

Discover how to bridge the gap between research and real-world practice. This session examines the evidence-based practice (EBP) process, including comprehensive literature review. Participants will engage in exercises to integrate best research evidence, clinical expertise, and patient/population values and translate clinical practice guidelines into actionable recommendations. The workshop also explores decision-making in both clinical and policy contexts, emphasizing comparative effectiveness research and strategies for resource-limited settings. Finally, attendees will learn simple tools for assessing the impact of practice changes and ongoing EBP development, ensuring that evidence-based care becomes a continuous and sustainable process.

08:30 AM - *WORKSHOP 2 (ALL DAY)*

Moderator - *D. Ken Resnicow, UNM and UOM*

Introduction to Motivational Interviewing: A Skills-based 1 day Workshop

Coordinator - *Dr. Bochra Saguem, FMS*

Session Summary

Motivational Interviewing (MI) is a patient-centered counseling method effective in promoting various health behaviors. This approach emphasizes client empowerment, allowing individuals to engage with their own psychological processes rather than receiving directive advice. Counselors prioritize establishing motivation before planning action, collaborating with clients to address resistance and ambivalence. Clients explore their motivations and hesitations regarding behavior change in alignment with their life goals and values. An interactive workshop is offered, covering MI principles such as autonomy support and essential techniques like effective questioning and reflective listening, making MI accessible to participants without prior training and supporting an environment conducive to health behavior change.

08:30 AM - *WORKSHOP 3 (90 min)*

Moderators - *Drs. Aline Saad & Vijaya Arun Kumar, WSU*

Inter-professional Disaster Preparedness and Emergency Response: A Simulation-Driven Approach to Building Institutional Resilience

Faculty - *Drs. Sally Villaseñor, Jessica Smith, Linda Jaber and Paul Kilgore, WSU*

Session Summary

This 4-hour workshop in the MENA region focuses on enhancing disaster response planning and collaboration among medical and emergency professionals. Participants will identify risks, understand roles, and review plans through lectures, simulations, and discussions. Expected outcomes are improved preparedness, coordination, professional networking, and access to resources, with emphasis on simulation training and cultural adaptation.

10:30AM - *WORKSHOP 4 (90 min)*

Moderators - *Drs. Imed Chouchene & Latifa Lassouad, FMS*

Competency-Based Education (CBE)

Faculty - *Drs. Neirouz Gannouchi, and Nadia Ghariani, FMS*

Session Summary

The changing work environment requires an innovative educational model, as traditional rote memorization no longer suffices. Competency-Based Education (CBE) is presented as a solution, highlighting skill mastery and real-world application. This workshop delves into CBE's principles, advantages, and challenges in implementation. Participants will tackle key questions about CBE's definition, rationale, and strategies for effective adoption. They will engage in group activities and discussions, ultimately evaluating their learning experience and identifying suitable assessment methods by the workshop's conclusion.

10:30 AM - *WORKSHOP 5 (90 min)*

Moderator - *Dr. Jed Magen, MSU*

Educating Health Care Professionals on Mental Health

Faculty - *Dr. Farha Abbasi, MSU, Ahlem Mtiraoui, and Bochra Saguem, FMS*

Session Summary

Educating healthcare professionals on mental health is crucial to improving patient care and preventing provider burnout. This education should encompass recognizing and managing common mental health issues, practicing self-care and stress management, and utilizing available resources like peer support programs and organizational employee assistance programs. Training should be integrated into undergraduate and postgraduate programs and offered as continuing education, employing multimodal teaching methods and reinforcing learning through practical application and mentorship.

01:30 PM - *WORKSHOP 6 (90 min)*

Moderators - *Drs. Bassem Charfeddine and Asma Zorgati, FMS*

Parallel Medicine: Phytotherapy and Acupuncture

Faculty - *Drs. Amira Zairi, and Sahbi Mtaouaa, FMS*

Session Summary

Phytotherapy and acupuncture are key elements of traditional medicine, recognized in public health and research. Phytotherapy uses antimicrobial and anti-inflammatory effects of medicinal plants for prevention and treatment. Acupuncture stimulates body points to restore balance and relieve pain. The session covers integrative medicine, scientific evidence, and applied phytotherapy, detailing key medicinal plants. Targeted acupuncture addresses meridians for pain management, coupled to practical demonstrations. The "Photoshop-Acu Synergy" approach integrates phytotherapy with acupuncture for conditions like knee osteoarthritis, concluding with a hands-on workshop for interactive learning.

01:30 PM - *WORKSHOP 7 (90 min)*

Moderators - *Drs. Makhlouf Belguith & Imed Chouchene, FMS*

Adult ECMO

Faculty - *Drs. Makhlouf Belguith & Imed Chouchene, FMS*

Session Summary

Extracorporeal Membrane Oxygenation (ECMO) is vital in critical care for patients with severe respiratory or cardiac failure, demanding specialized knowledge and teamwork. This workshop offers healthcare professionals a practical, immersive training experience with high-fidelity simulations, enabling hands-on management of complex scenarios involving ECMO initiation, daily care, and complications. Participants, including physicians, nurses, perfusionists, and respiratory therapists, will gain skills in a controlled setting, enhancing their confidence in ECMO patient care. The workshop schedule includes small group sessions on ECMO types (VV-ECMO for respiratory support, VA-ECMO for cardiac support, indications, circuit components, and patient management strategies, supplemented by hands-on practice, acupuncture point locating, phytotherapy application, and interactive case-based learning.

4:00 PM - OPENING CEREMONY

5:00 PM - WELCOME RECEPTION



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CONGRESS SCIENTIFIC AGENDA

TUESDAY APRIL 14, 2026

**CONGRESS SESSIONS
AND ACTIVITIES**

08:30 AM - *PLENARY A (90 min)*

Moderators - *Drs. Adnan Hammad, GHRMS
and Mohamed Ben Dhiab, FMS*

Reflections on Public Health Research and Education Challenges

Keynote Speaker - *Ali Khan MD, UNMC*

The New Health Security Imperative: From Global Dependency to Strategic Autonomy

The talk discusses the impact of reduced global health funding on Low/Middle-Income Countries (LMICs), especially in the MENA region, under the U.S.'s "America First" strategy. It explores the need to shift from dependence on global aid to achieving strategic autonomy in health security. Key points include innovative financing, utilizing domestic resources, and local production of essential health necessities, to create a resilient, regionally-led health security framework against future threats.

Keynote Speaker - *Dr. Abdullatif Husseini, BZU*

Determinants of Population Health under Prolonged Military Occupation: The Case of Palestine

This review synthesizes available evidence on population health indicators, health system performance, and unmet health needs in the West Bank and the Gaza Strip, with particular attention to the recent escalation of hostilities in Gaza beginning in October 2023 and its implications for public health. The presentation concludes with evidence-informed considerations for strengthening health system resilience and improving population health outcomes in protracted conflict settings.

Keynote Speaker - *TBD*

TBD

10:30 AM - *PANEL I (90 min)*

Moderators - *Drs. Henrique Barros, and Robert Otok , ASPHER, GNAPH*

Migration and Health

Panelists - *Ms. Mona Makki, ACCESS, Drs. Sabri Belgacem, WHO, Iman Nuwayhid, AUB, Rima Habib, AUB, Wael Garnaoui FMS, Maher Maoua, FMS and Teresa Leão (ISPUP)*

Session Summary

This session addresses complex public health issues related to migration, highlighting how international public health programs address the specific health needs of migrant populations through capacity building, networking, policy changes and leadership.

10:30 AM - *PANEL II (90 min)*

Moderators - *Drs. Soumaya Mougou and Mohamed Bousarsar, FMS*

Precision Medicine Equity and Accessibility

Speakers - *Drs. Mohamed Zahir, Ambroise Wonkam, Jorge Batista Da Rocha, Ismail Dergaa,UM, and Shane Quinonez (UOM)*

Session Summary

This Congress centers on "Precision Medicine: Equity and Accessibility," exploring if advancements in precision medicine will benefit or exacerbate existing health disparities. The session features a distinguished panel of experts from human genetics, biology, sports medicine, and physiology, who bring insights from both developed countries and the MENA region. The discussion will address the societal, ethical, and practical challenges of ensuring that precision medicine is accessible to diverse populations, framing the conversation as one about justice, inclusivity, and the future of global health.

10:30 AM - *PANEL III (90 min)***Moderator** - *Dr. Nawar Shara, GU and Hassan Fehmi, NAAMA****Artificial Intelligence in the Arab World: Challenges and Achievements*****Keynote Speaker** - *Dr. Nawar Shara, GU (25 min)****From Importing Algorithms to Owning Intelligence: AI's Arab Moment***

The Arab World stands at a pivotal moment to move from consuming AI to shaping and owning its intelligent future. This keynote outlines a strategic path for MENA to lead during this unprecedented opportunity, drawing lessons from AI adoption in U.S. healthcare to accelerate progress while avoiding common pitfalls. Achieving owned intelligence requires strong foundations: ethical, high-quality, accessible data; scalable computing capacity; and multidisciplinary collaboration across healthcare, data science, engineering, and policy. Equally vital is proactive governmental and societal stewardship to ensure human-centered, ethical AI as agentic systems mature. Through real-world healthcare examples, we demonstrate how urgent needs can drive AI from early innovation to scalable impact—positioning the Arab World as a resilient, globally relevant owner of its AI destiny.

Drs. Diana Maddah, Kwalombota Kwalombota, *Doha, Qatar (25 min)****Towards Responsible AI in Humanitarian Settings: Ethics, Governance, Implementation and the Role of Government and Policies in Integrating AI into Healthcare Systems***

Our project focuses on enhancing the responsible use of AI in humanitarian settings, particularly in health and education. A Technical Working Group synthesizes insights from various stakeholders into a comprehensive evidence base. Key outcomes include ethical guidelines and governance principles for AI in humanitarian contexts, addressing equity, data protection, and inclusion. The project offers sector-specific recommendations and use-cases to leverage ethically grounded AI to strengthen health systems, conduct needs assessments and improve education access in challenging environments. This initiative aims to provide actionable guidance for integrating ethical AI into humanitarian practices across all phases.

Drs. Adnan Hammad, Reema Hamasha, Dalya Saleem, and Jodyn Platt, *GHRs and UOM (10 min)****Engaging with the Arab/MENA Community: AI in Healthcare Deliberation Insights***Abir Romdhani PhD, *FMS (10 min)****Artificial Intelligence in healthcare: Impact of AI on Improving OR Performance at Farhat-Hached University Hospital in Sousse, Tunisia***

Panel Discussion (20 min):

Drs. Nawar Shara, Diana Maddah, Kwalombota Kwalombota, Adnan Hammad, Abir Romdhani, and Hassan Fehmi

12:00 PM - *POSTER SESSION*

12:00 PM - *LUNCH*

12:30 PM - *TABLETOP TEAM BUILDING MEETINGS - INSTITUTIONAL NETWORKING*

1:30 PM - *Plenary B (90 min)*

Moderators: *Drs. Mohamed Ben Diab
and Amira Zairi, FMS*

***The Critical Role of Biorisk Management
Session Summary***

With increasing global connectivity, management of biological risks became paramount. This session will delve into the critical role of biorisk management, a cornerstone of public health and global security. We will hear from leading experts who will share best practices from African biorisk management networks and discuss the strategic use of artificial intelligence in preparing for and responding to bioterrorism in this region. This session highlights the multidisciplinary nature of biorisk management and its vital importance in protecting MENA communities.

Speakers

Ms. Jeannie Leesman (Sandia Laboratories, New Mexico USA)

Africa Biorisk Management Trainers' Networks Best Practices and Accomplishments

Dr. Hassan Farhat (Manager, Group Quality, Patient Safety and Risk Management, Doha Qatar)

Strategic, Perspectives on Artificial Intelligence, Preparedness, and Response to Bioterrorism in MENA

Dr. Rym Benkhalifa (Senior Investigator, Lab. Biomolecules, Venom and Theragnostic Applications, LBVAT), (PIT)

Developing a Responsible Research Culture Through Proactive Biorisk Management

03:30 PM - *PANEL IV (90 min)*

Moderators - *Drs. Lotfi Belgacem and
Olfa Bouallegue, FMS*

Financial Opportunities in Project Implementation: Networking Dimensions in MENA

Session Summary

Current transformation in the MWNA region is driven by economic diversification. Success relies on access to finance and strategic networking. This session focuses on financial opportunities for projects, highlighting new financial instruments, public-private partnerships, and sustainable financing models that facilitate investment. Additionally, it examines essential networking relationships among governments, financial institutions, private investors, and project managers needed to navigate regional complexities. Understanding these opportunities and networks is crucial for mobilizing capital and executing impactful projects in the MENA region partners.

Speakers

Dr. Helmi MARDASSI (WIDERA National Contact Point (NCP), expert in European collaborative research programs, MHESR):

Requirements for a Successful Multilateral Grant Proposal

Dr. Ahmed MAALEL, PhD, HDR. (Regional representative for Africa EURAXESS Worldwide):

Opportunities through EURAXESS and Horizon Europe for the MENA Region

Mr. Hichem ROMDHANI (Head of International Relations Office, University of Sousse):

European Commission–Funded Pathways for Health Research and Education in the MENA Region

03:30 PM - *PANEL V (90 min)*

Moderators - *Drs. Abla Mehio Sibai, AUB
and Fatma Ben Fredj FMS*

Healthy Longevity

Panelists - *Drs. Laura Magaña, GNAPH, Jihed Aoun, FMS, Lamia Chenik, MOHT, Radhouane Gouiaa, Iheb Ghariani, FMS, and Kristine Ajrouch, UOM*

Session Summary

This panel will introduce the ASPPH Healthy Longevity Framework which emphasizes equity, prevention, resilient systems, and public health's role in promoting well-being. Following the presentation, experts will engage in a discussion on aligning the framework with local priorities, sharing insights from policy and advocacy experiences, and redefining aging narratives in the MENA region. The session aims to merge regional with global public health vision, fostering innovations in research, policy, and collaboration, analyzing data from 2020-2024. Key innovations cited include multi-tiered mentorship model, technology integration, and targeted specialized tracks, driving significant growth in participant engagement and research outputs.

03:30 PM - *PANEL VI (90 min)*

Moderator - *Vijaya Arun Kumar MD, WSU*

Transforming Global Health Research Through Digital Mentorship - The GHRC Model

Panelists - *Drs. Paul Kilgore, Rouba Ali Fehmi, Cynthia Arfken, Christopher Conn, WSU, Lilia Cheniti, and Maha Ben Fredj, FMS*

Session Summary

The COVID-19 pandemic spurred a rise of virtual platforms for global health research training, exposing advantages and challenges in online mentorship. A needs assessment at Global Health Research Collaborative (GHRC) underscored demands for mentorship in low- and middle-income countries (LMICs). This panel explores GHRC's scalable online mentorship model, analyzing data from 2020-2024. Key innovations cited include multi-tiered mentorship model, technology integration, and targeted specialized tracks, driving significant growth in participant engagement and research outputs.

7:00 PM - GALA DINNER

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CONGRESS SCIENTIFIC AGENDA

WEDNESDAY APRIL 15, 2026

**CONGRESS SESSIONS
AND ACTIVITIES**

08:30 AM - *Plenary C (90 min)*

Moderators - *Drs. Hassen Ghannem, FMS
and Basim Dubaybo, WSU*

***Epidemiology and Prevention of Non-Communicable Diseases in Africa
Session Summary***

Noncommunicable diseases (NCDs) account for 37% of deaths in Africa, exacerbated by urbanization, aging populations, and lifestyle changes. North Africa has high diabetes and CVD rates, while Southern Africa faces obesity and hypertension. Key risk factors include unhealthy diets, inactivity, tobacco use, and pollution. Limited healthcare and data hinder prevention. Community interventions, policy reforms, and awareness are essential to address NCDs, requiring collaboration among governments, NGOs, and international partners.

Speakers

Dr. Hassen Ghannem (FMS, Tunisia)

The Burden of Non-Communicable Diseases (NCDs) in Africa: Current Epidemiological Trends and Regional differences

Dr. Jean Claude Mbanya (University of Yaoundé I, Cameroon)

The Social Determinants of NCDs & Multi sectorial approach in African Contexts

Dr. Moammed Abdulaziz (Division of Disease Control and Prevention, ACDC, Ethiopia)

ACDC strategy for NCD Prevention in Africa

Dr. Adelar Kakuze (NCDs, Division of Disease Control and Prevention, ACDC, Ethiopia)

Approaches to NCD Surveillance and Data Collection in Africa

Dr. Kaushik Ramaiya (CEO & Consultant Physician, Shree Hindu Mandal Hospital, Tanzania)

Integrating NCD Prevention and management into Primary Healthcare Systems

Dr. Mary Nyamongo (Chair, NCD Alliance, Kenya)

Community-Based Interventions and role of NGOs for NCD Prevention in Africa

10:30 PM - EXPERT PRESENTATIONS 1 (90 min)

Moderator - Dr. Kristine Ajrouch, UOM

Innovation and Intervention

Dr. Kristine Ajrouch, UOM

Brain Health for All: Dismantling Roadblocks to Dementia Care

This session defines and presents scenarios of dementia related stigma and how it can impact dementia care-seeking, treatment, and use of support services, offers strategies to overcome stigma, and concludes with illustrations of how to address stigma using a hypothetical MENA family as a case study.

TBD

TBD

Dr. Phillip Levy, WSU

Public Private Partnerships to Improve Population Health

Public funding is essential for health initiatives, but government capacities often limit outcomes. Therefore, partnerships with private entities, including non-profits, corporations, academia, and health systems, are crucial for success. This collaboration often involves competitive grant applications, yet there's a growing trend toward co-development and collaborative implementation to align on goals and success metrics. The talk will showcase Michigan's efforts to enhance population health through innovative, place-based service delivery, highlighting a cross-sector initiative that established a mobile health infrastructure national model.

10:30 AM - *PANEL VII (90 min)*

Moderator - *Dr. Laura Magaña, GNAPH*

Preparing the Public Health Workforce to be Health Diplomats

Panelists - *Drs. Ashish Joshi, Diana Maddah, Jihad (judy) Makhoul, and Mouhanad Hammami NAAMA*

Session Summary

Public health is confronted with complex and interconnected challenges that need to be addressed urgently by fostering enhanced collaboration, coordination and communication across diverse sectors & stakeholders. Strengthening health diplomacy at informal and multi-stakeholder levels can create pathways to improved health outcomes and promote well-being. Schools and programs of public health educate and train future public health workforce who must develop competencies in health diplomacy to confront present and future challenges. This session will explore the critical role of public health diplomacy and highlight the importance of equipping public health students with the knowledge, skills, and expertise needed to navigate this evolving field effectively.

10:30 AM - *PANEL VIII (90 min)*

Moderator - *Dr. Rebecca Malouin, MSU*

International Training Programs and Best Practices for Learners

Panelists - *Drs. Sam Mossallam, HFH, Mary Kay Smith, and Robert Malinowski, MSU*

Session Summary

Experts in global health describe targeted medical education strategies with proven outcomes and address the applicability of these models in diverse settings.

12:00 PM - *POSTER SESSION*

12:00 PM - *LUNCH*

12:30 PM - *TABLETOP TEAM BUILDING MEETINGS - INSTITUTIONAL NETWORKING*

01:30 PM - *PANEL IX (90 min)*

Moderator - *Dr. Mohammed Abdulaziz, Africa CDC
and Ahlem Mtiraoui, FMS*

***Mental Health Disorders and Mental Health Promotion in Africa
Session Summary***

Mental disorders impact over 116 million people in Africa, including 10–20% of children. Approximately 85% of those with depression in low-income areas receive no treatment, while Africa has only 1.4 mental health workers per 100,000 people. With 970 million globally affected, youth in sub-Saharan Africa show high rates of depression 26.9%, anxiety 29.8%, and suicidal thoughts 20.8%. Key risk factors include poverty and stigma. Emerging strategies involve community-based interventions, primary care integration, and digital health innovations, emphasizing the need for improved policies and training.

Speakers

Dr. Taiwo Lateef Sheikh (Ahmadu Bello University, Zaria, Nigeria)

The Burden of Mental Disorders in Africa: Epidemiology and Trends

Dr. Soraya Seedat (Stellenbosh University, Cape Town, South Africa)

Social and Cultural Determinants of Mental Health in Africa

Dr. Moammed Abdulaziz (Division of Disease Control and Prevention, ACDC, Ethiopia)

Africa Mental Health Leadership Programme AMHLP

Dr. Naeem Dalal (Zambia National Public Health Institute, Zambia)

Approaches to Mental Health Surveillance and Data Collection in Africa, with a focus on youth mental health Dr. Abba Wakil (University of Maiduguri, Maiduguri, Nigeria)

Integrating Mental Health into Primary Healthcare

Dr. Carol Labor (Mental Health Secretariat, Sierra Leone)

Community-Based Interventions and role of NGOs for Mental Health Promotion and Prevention in Africa

01:30 PM - EXPERT PRESENTATIONS 2 (90 min) **Moderator - Dr. Georgina Aoun Nouaime, ILMA**

Community Health Strategies

Dr. Georgina Aoun Nouaime, *ILMA*

Innovation in Medicine: Hospital at Home

Hospital-at-Home (H@H) is a revolutionary model delivering acute, hospital-level care in patients' homes, driven by tech like wearables, telemedicine, and AI for remote monitoring, improving comfort, reducing costs, and lowering readmissions, especially for chronic conditions, with the CMS waiver program accelerating adoption post-COVID-19. Innovations include portable monitoring, virtual care centers, integrated mobile teams, AI for data analysis, and point-of-care diagnostics, making acute care more accessible and patient-centered than traditional inpatient settings.

Dr. Akihiro Seita, *UNRWA*

Emergency Response for Displaced Populations and Refugees

Emergency response for displaced populations and refugees involves rapid deployment of aid for immediate needs like shelter, food, water, and medical care, coordinated by agencies like UNRWA, with an immediate focus on protection, basic services (nutrition, health, education), cash assistance, and long-term solutions.

Keynote Speaker - Mouhanad Hammami MD, NAAMA

Now More Than Ever, Public Health Matters!

Over 150 years, public health systems were influenced by scientific advancements and public acceptance of the responsibility of disease control. COVID-19 highlighted the need for robust health systems and finances, and exposed the politicization of public health. Workforce shortage, fragmentation of funding, misinformation, health inequities, and reduced trust necessitate analysis of changes in U.S. public health system and global effects.

01:30 PM - Faculty of Medicine Ibn Al-Jazzar Student Presentations (1)

Moderators : *Drs. Maha BEN FREDJ and Saoussen LAYOUNI*

Title	Authors	Affiliation
1 <i>Evolving Patient Centred Care: "From PDSA to S-PDSA": An Integrative Approach Using Epidemiology, Quality Improvement, and Artificial Intelligence Computing Techniques in the Pre-hospital Setting</i>	Hassan Farhat	Faculty of Medicine of Sousse and Ambulance Service, Hamad Medical Corporation
2 <i>AI-generated algorithm for early detection of bipolar depression</i>	Dhikra Hosni, Mariem Tlemceni, Ines Kchaou, Safia Othmani, Hana Hedhli Sarra Jouini	Faculty of Medicine of Sousse
3 <i>DRESS Syndrome: Clinical, Biological, and Pharmacological Features in 81 Patients</i>	Mariem MAAREF, Nadia GHARIANI FETOUI, Haifa MKHININI, Maha LAHOUEL, Sarra SAAD, Jacem ROUATBI, Sana MOKNI, Amina Aounallah, Najet GHARIANI, Mohamed DENGUEZLI	Faculty of Medicine of Sousse
4 <i>Predictors of brain death and barriers to organ donation in north African intensive care units: a multicenter prospective study on severe coma patients</i>	Imen Slama, Imed Chouchene	Faculty of Medicine of Sousse
5 <i>Night Work Among Women: Balancing Family and Professional Life</i>	Imene Kacem, Asma Aloui, Rania Bannour, Maroua Bouhoula, Mohsen Marnaoui, Jihen Sahli, Olfa El Maalel, Ali Mtiraoui	Faculty of Medicine of Sousse
6 <i>Prevalence and Correlates of Suicidal Ideations Among Health Sciences Students in Sousse, Tunisia.</i>	Chaima, HALLEB Bochra Nourhène SAGUEM, Yosra SAIDI, Jâafar NAKHLI	Faculty of Medicine of Sousse
7 <i>Prosodic Signs of Depression in Tunisian Arabic Speech: A Neurolinguistic Pilot Toward Early Detection</i>	Alya Ettoumi, Nadia Bouchhioua	Faculty of Medicine of Sousse
8 <i>Changing Minds: A Tunisian Initiative to Reduce Mental Health Stigma</i>	Amal RHOUMA, Bochra Nourhène SAGUEM, Sami OUANES, Jâafar NAKHLI	Faculty of Medicine of Sousse
9 <i>Epidemiological, Clinical, and Evolutionary Profiles of NSTEMI in Diabetic Patients in the Emergency Department</i>	Dhikra Hosni, Mariem Tlemceni Ines, Kchaou, Safia Othmani, Hana Hedhli, Sarra Jouini	Faculty of Medicine of Tunis
10 <i>Assessment of dihydropyrimidine dehydrogenase and xanthine oxidase activities for human phenotyping in plasma</i>	Saad Saguem, Mokni Yassine, Laouani Aicha, Nouria Manel	Faculty of Medicine of Sousse

Title	Authors	Affiliation
1 <i>The Tunisian EIOS-based digital intelligence model for early warning and response, July-September 2025</i>	Emna Gara, Sonia Dhaouadi, Hejer Letaief, Aicha Hechaichi, Mouna Safer, Sondos Derouich, Leila Bouabid, Ilhem Boutiba, Rim Mhadhbi, Sami Fitouri, Ahlem Fourati, Fatma Ben Youssef, Nissaf Bouafif ép Ben Alaya	National Observatory of Emerging and Reemerging Diseases, Tunis
2 <i>Intentions of Migration Among Nursing Students in Central Tunisia</i>	ASMA CHOUCANE, Imen Jemmeli, Amal Ghenim, Asma Gaddour, Asma Aloui, Marwa Bouhoula, Imène Kacem, Houda Kalboussi, Olfa El Maalel, Souheil Chatti	Faculty of Medicine of Sousse
3 <i>The Relationship Between Interpersonal Communication and Work Organization in Operating Rooms of Two University Hospitals in Sousse: A Descriptive Cross-Sectional Study</i>	Badra Bannour, Ameni Fhal , Nawres zaag, Ons Salah, Fatma ABBES , Imene Bannour	Faculty of Medicine of Sousse
4 <i>DINS Socio-GENOMICS: Integrative Socio-Genomic Study of Non-Syndromic Intellectual Disabilities in Tunisia</i>	Dorra H'MIDA	Faculty of Medicine of Sousse
5 <i>Assessing the Educational Environment using the DREEM Inventory in a Tunisian Medical School</i>	Chayma Sridi, Mayssa Aribi, Latifa Lassoued, Nawres Gannoun, Farah Chelly, Narjes Belhadj, Imen Fki, Maher Maoua	Faculty of Medicine of Sousse
6 <i>Bridging Policy and Practice: Knowledge, Attitudes, and Barriers to Sterilization Protocols among Dental Practitioners in Tunisia</i>	Alya Ettoumi, Hela Ghali, Sana Bhiri, Asma Ben Cheikh	Faculty of Medicine of Sousse
7 <i>Patterns and Risks of Social Media use Among High School Students: A Cross-Sectional Study</i>	Hajer Ben Belgacem, Nesrine Jaballah, Amel Tej, Raoudha Kebaili , Marwa Abdelbari, Mouna Ben Guedria, Samia Tilouche, Najla Soyah, Lamia Boughamoura	Faculty of Medicine of Sousse
8 <i>Antimicrobial resistance mitigation strategy: how AI is changing the game</i>	Amine Mosbah, Raouf dhaouadi	Enmv Sidi Thabet
9 <i>Perioperative Benefits of Hypnosis as an Adjunct to General Anesthesia in Urologic Surgery: A Randomized Controlled Trial</i>	Mohamed Ajmi, Raoudha chrigui, Habiba ben hameda, Souha guellim, zeineb shkiri, anis amri, amine youzbechi, mohamed kahloul, walid najja	Faculty of Medicine of Sousse
10 <i>Ethical governance and interdisciplinarity within the One Health framework: the experience of the C.R.Bt</i>	Mustapha Adhane SMADI	Biotechnology Research Center - Constantine , Algeria

03:30 PM - *PANEL X (90 min)*Moderator - *Matthew Rizzo MD, UNMC****Artificial Intelligence in Global Medicine: Building Bridges Across Data, Care, and Discovery***Panelists - *Drs. Hassan Bencheqroun, NAAMA, Salim Adib, AUB, Khaled Maaref and Maher Maoua, FMS****Session Summary***

The panel discussion examines AI's impact on medical research, education, patient care and its role in managing health data, enhancing training, and supporting precision care while emphasizing interoperability across systems. Key topics include integrating real-world and synthetic data, digital twin technologies, AI in clinical trials and AI's role in continuous learning and improvement, alongside the ethical and environmental considerations in AI adoption to achieve equitable health outcomes globally.

03:30 PM - *PANEL XI (90 min)*Moderator - *Dr. Fathallah Neila, FMS****The Journey of International Medical Students in FMSO: Highlights from Research Laboratories and Doctoral School***Panelists - *Drs. Abdel Raheem Taha, Dana Driss, Amar Alserkal, Moulay Selmane, and Imane Rho Unbazi, FMS****Session Summary***

International medical students face significant challenges during their adjustment period, including language barriers, cultural differences, new teaching methods, and social isolation. This stressful phase can adversely affect their well-being and academic performance. However, with resilience, mentorship, peer networking, and cultural associations, they forge a sense of belonging, personal and professional growth, becoming skilled medical professionals and culturally competent global citizens.

03:30 PM - *WORKSHOP 8 (90 min)*Moderator - *Iqbal Ahmad PhD, UNMC****Ethical Responsibility in Biomedical Research******Session Summary***

In this workshop, speakers will discuss how to interpret, decide, and apply ethical rules that regulate biomedical research through real case studies. The workshop format will be similar to the responsible conduct of research (RCR) format recommended by the National Institute of Health (NIH), USA .

7:00 PM - PILLARS OF HOPE DINNER
SPECIAL RECOGNITION FOR MEDICAL RELIEF MISSIONS



4th Interdisciplinary

World Health Congress

on Health Research and Education in the MENA Region
Innovation - Collaboration - Transformation

CONGRESS SCIENTIFIC AGENDA

THURSDAY APRIL 16, 2026

CONGRESS SESSIONS
AND ACTIVITIES

08:30 AM - *PANEL XII (90 min)*

Moderator - *Mr. John Zervos, HFH*

International Capacity Development Initiatives and Best Practices for Institutions

Panelists - *Dr. Robert Malinkowski, MSU, Dr. Joud Jarrah, KHCC*

Session Summary

International capacity development for community health focuses on strengthening technical and institutional abilities via training, knowledge sharing, and best-practice visits, supported globally by WHO, UNICEF, and UNFPA. Best practices include ownership of health programs, fostering stakeholder collaboration, and tailoring interventions to local contexts enhancing decision-making and health services sustainability.

08:30 AM - *PANEL XIII (90 min)*

Moderator - *Aline Germani MPH, AUB*

From Classroom to Community: Faculty, Student, and Community Perspectives on Community - Engaged Teaching to Advance Public Health Practice

Panelists - *Drs. Laura Magaña, Jihad Makhoul and Ali Ghassani*

Session Summary

Community-engaged teaching in public health emphasizes its role in shaping practical professionals by enhancing skills in assessment, planning, and partnerships. Participants recognize the ability to shift student viewpoints from deficit to asset-based thinking, promoting humility and community expertise. Faculty require more support and incentives to pursue this engagement and need to investigate long-term impact on students and community partners. Methods include customizing training to local needs, addressing regional challenges, encouraging collaboration among public health educators, practitioners, and researchers. Expected outcomes include improved knowledge of EPHFs, skill development in creating training modules, networking, and actionable plans. Collaboration with international organizations is highlighted for strengthening public health in MENA.

8:30 AM - 10:00 AM

PODIUM PRESENTATIONS (Session 1)

Moderator: Drs. Hassan Fehmi, NAAMA and Amina Aounallah FMS

Hassan Fehmi, MD, NAAMA

Patient Literacy in the Digital Age

Haneen Taweel MPH, Birzeit University

Fruit and Vegetable Consumption among Palestinian Undergraduate Students: An Online Cross- Sectional Study at Birzeit University, West Bank, Israeli Occupied Palestinian Territory

Co-authors- Widad Zeidan, Rita Giacaman, Jamil Harb, Rula Ghandour, Abdullatif Hussein

Jiab Suleiman, DO , Orthopedic Surgery

Restoring Hope: Advances in Limb Reconstruction Amid Conflict in Gaza

Jad Jadallah Tawil, Scholars Without Borders

The Humanitarian and Medical Crisis in Palestinian Territories: The Plight of Patients with Congenital Bleeding Disorders

Ali Ghassani MD, AMEL Association

Walking a Tightrope: Navigating Operational and Research Challenges in War-Conflict: The Case of AMEL Association in Lebanon

Dina Ayna PhD, UPA

Community Mental Health Programming in Gaza, Palestine: The Healing Through Feeling (HTF) Program and Related Interventions

08:30 AM - *WORKSHOP 9 (ALL DAY)*

Moderator - *David Bishai PhD, HKU*

Public Health Instruction for the MENA Region - Delivering Essential Public Health Functions

Faculty - *Drs. Awad Mataria, Hanan Abdul Rahim, Luis Bernal, Phyu Phyu Thin Zaw, Jiewen Wu*

Session Summary

This workshop addresses how a skilled public health workforce enhances health system resilience, particularly in MENA, focusing on mastering WHO's Essential Public Health Functions (EPHFs) to promote Universal Health Coverage (UHC) and Comprehensive Primary Health Care (CPHC). Addressing underinvestment and education gaps, the workshop includes strategies to tailor training to local realities. Participants understand EPHFs, analyzing challenges, designing context-specific training modules, fostering collaboration among public health educators, practitioners, and researchers. Foundational knowledge sessions, hands-on design and peer review tasks create actionable training outputs. Key expected outcomes include enhanced knowledge of EPHFs, practical skills in developing training modules, networking opportunities, and clear action plans for module development. Collaboration with international organizations is also emphasized, underscoring the need to strengthen public health capacities in MENA through localized, effective educational frameworks.

Workshop Objectives:

1. **Understand & Apply:** Comprehend the WHO EPHFs framework and its critical role in building resilient health systems, achieving UHC, and strengthening PHC.
2. **Analyze & Adapt:** Identify key challenges and opportunities for implementing EPHFs within the specific contexts of MENA countries.
3. **Design & Co-create:** Apply principles of interactive learning design to develop a preliminary, context-specific training module focused on 1-2 critical EPHFs areas relevant to their local setting.
4. **Connect & Collaborate:** Engage in peer learning and initiate networks for ongoing regional collaboration in EPHFs-focused capacity building.

10:30 AM - *PANEL XIV (90 MIN)*

Moderators - *Drs. Helmi Ben Saad, Sihem Hmissa and Soumaya Mougou, FMS*

Health Research at the Faculty of Medicine of Sousse: Highlights from Research Laboratories and Doctoral School

Panelists - *To be announced*

Session Summary

This Congress aims to enhance academic ecosystem by linking health research to scientific talent. We present state of health student research at the Faculty of Medicine in Sousse. This session is a platform for researchers from the Faculty of Medicine Ibn Aljazzar and affiliated institutions to connect with the international academic community. Presentations cover several interdisciplinary topics in medical and health sciences, allowing students to share findings, receive feedback from experts, and engage in scholarly dialogue, while attendees gain insights into emerging research

10:30 AM - *PANEL XV (90 MIN)*

Moderator - *Katie Willet MD, UNMC*

Health Security: Implementation of Clinical Fellowship and Impacts of Year One Training for Further Health Preparedness

Other Participants - *Drs. James Lawler, John Lowe, Michael Wadman, Victoria Wadman*

Session Summary

The University of Nebraska Medical Center launched a one-year clinical fellowship in Health Security in 2024 to cultivate professionals adept at managing health threats. This program aims to prevent, detect, and respond to events that jeopardize public health and healthcare services, addressing challenges like infectious diseases and climate-related crises. It includes comprehensive training, disaster simulations, and partnerships across sectors. It enhances global health preparedness and fosters a forward-thinking health security workforce.

10:30 AM - 12:00 PM
PODIUM PRESENTATIONS (Session 2)

Moderators: Drs. Salim Adib, AUB and Rouba Ali-Fehmi, UOM

Dr. Salim Adib, AUB
Cancer Screening in Lebanon

Rouba Ali-Fehmi, MD, UOM
Digital Pathology Education

Joumana Kalot MPH, AUB
Co-Producing Food Security: Researching Solidarity Kitchens as Practice of Collective Action in Crisis
CO-authors - Thurayya Zreik, Hala Ghattas, Julia Zaydan, Lea Al Rajji

Drs. Aline Germani, Anna Farra, Nuwar Joanna, Maria Farah, Celine Abou Nader, Andrea Tarabay, Lynn Nader, Emma Sleiman, Hiba Malaeb, AUB
TRACEMED: Innovation for Infection Control in LMICs Settings

Drs. Aline Germani, Joumana Kalot, Mayada Kanj, Sarah Jaber, AUB
Community Participation and Innovation: Catalysts for Effective Health Systems in Fragile Low- resource Settings

Drs. Jihad Makhoul, Lara Nasreddine, AUB
The corporate capture of public health in armed conflicts and crises

12:00 PM - POSTER SESSION

12:00 PM - LUNCH

12:30 PM - TABLETOP TEAM BUILDING MEETINGS - INSTITUTIONAL NETWORKING

12:30 PM - *ROUNDTABLE DISCUSSION*

Moderators: *Members of Scientific Committee*

Participants: *Invited Scholars*

2:00 PM - *CLOSING EVENTS*

OPTIONAL VISIT TO MOSAICS MUSEUM

START OF CULTURAL TOUR





4th *Interdisciplinary*

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Innovation - Collaboration - Transformation

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4th Interdisciplinary

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POST-CONGRESS CULTURAL TOUR

APRIL 17 - 21, 2026

PROGRAM AND DAILY ACTIVITIES

DAY1 – FRIDAY

APRIL 17, 2026

SOUSSE – EL JEM – KAIROUAN – TOZEUR

06:30 AM – Breakfast at the Movenpick Hotel Sousse

07:00 AM – Check-out and depart by bus to El Jem

08:00 AM – Arrival to El Jem

- Visit to the famous Roman Colosseum

09:00 AM – Depart to kairouan

10:00 AM – 12:00 AM

- Visit to the **Aghlabid Cisterns**
- Discover the **Mausoleum of Sidi Sahbi** (the Prophet's barber)
- Visit to the **Great Mosque of Okba Ibn Nafaa**
- Stroll through the medina and stop at the **Barouta well**

01:00 PM – Typical lunch in **Dar Zarrouk** Kairouan

02:00 PM – Depart toward Tozeur

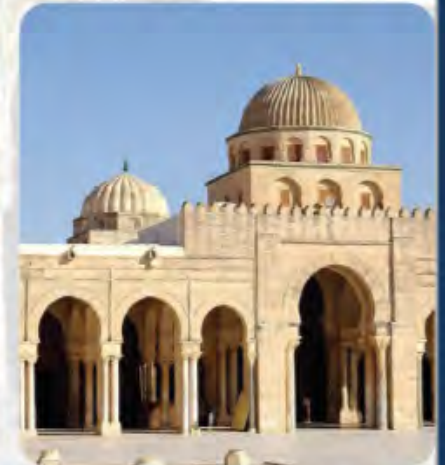
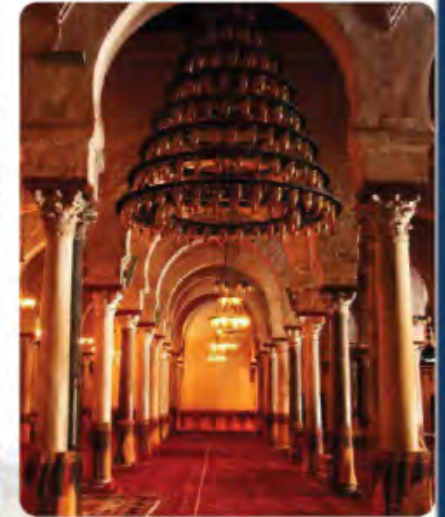
04:30 PM – 15-minute rest stop

06:00 PM – Arrival in Tozeur

- Visit the monument of **abou el kacem chebbi**

Check-in and dinner at the **El Mouradi Hotel** Tozeur

08:00 PM – Visit to **Dar Cheraït**, a museum showcasing the emblematic art and culture of Tunisia



DAY 2 – SATURDAY



APRIL 18, 2026
TOZEUR-DOUZ

07:00 AM – Breakfast at El Mouradi Tozeur Hotel

07:30 AM – Departure in 4x4 vehicles to explore the mountain oases

- **Chebika:** visit the ancient oasis, discover the waterfall and the cliffside village
- **Tamaghza:** stop for a panoramic view of the mountains
- **Mides:** walk through the heart of the canyon
Explore the Star Wars set (Mos Espa)
Photo stop at the Stone Camel site
- Pass by the Corbeille de Nefta, a stunning natural oasis

12:00 AM – Return to Tozeur

- Horse-drawn carriage ride through the medina and oases
- Lunch at Dar Tozeur restaurant

01:30 PM – Visit to Tozeur's souk

02:00 PM – Departure towards Douz

Stop at Chott el Jerid, Debebech, and Kebili for panoramic views and a photo session

05:00 PM – Arrival in Douz, the gateway to the Sahara

- Camel ride through the golden dunes
- Watch the sunset in the desert

07:00 PM – Check-in at El Mouradi Douz Hotel

08:00 PM – Dinner and free evening at the hotel

DAY 3 – SUNDAY

**APRIL 19, 2026:
DOUZ-MATMATA-GAMMARTH**

- 07:00 AM – Breakfast at El Mouradi Douz Hotel
07:30 to 09:00 AM – Quad biking in the dunes of Douz
- A moment of adventure and freedom in the Saharan desert
 - Photo stop in a stunning natural setting
- 09:15 AM – Departure by bus to the Berber village of Tamazret, then to Matmata
10:30 AM – Arrival in Matmata
- Visit to the Berber Museum of Matmata: explore the culture
- 12:00 PM – Traditional luxury Berber lunch at Dar Ayed
01:30 PM – Visit to the Star Wars filming site in Matmata (Luke Skywalker's house)
• Visit to troglodyte houses
- 02:00 PM – Departure to Tunis – Gammarth
07:30 PM – 15-minute rest stop
07:30 PM – Arrival and check-in at El Mouradi Gammarth Hotel
- Dinner and overnight stay at the hotel



DAY 4 – MONDAY



APRIL 20, 2026

SIDIBOUSAÏD–CARTHAGE–BARDO

08:00 AM – Breakfast at the El Mouradi Gammarth Hotel

09:00 AM – Departure to Sidi Bou Saïd

- Explore the iconic white and blue village
- Visit Dar El Annabi: A magnificent traditional house transformed into a museum, illustrating authentic Tunisian lifestyle
- Break at Café des Délices, famous for its view of the Gulf of Tunis
- Free time for a stroll and shopping in the picturesque streets

10:30 AM – Visit the Archaeological site of Carthage

- Explore the Antonine Baths, the Punic Quarter, the Tophets, and climb the Byrsa Hill

12:30 PM – Refined lunch at Fondouk El Attarine, located in the heart of the historic Medina

- Immerse yourself in an Arab-Andalusian ambiance with a revamped Tunisian gastronomy

02:30 PM – Walk through the Medina of Tunis

- Stop by the Zitouna Mosque, visit the souks, and the artisans

04:00 PM – Visit the Bardo National Museum

- One of the largest museums in Africa, famous for its Roman mosaics and ancient collections

06:00 PM – Return to the hotel in Gammarth

08:00 PM – Dinner and evening at the El Mouradi Gammarth Hotel

DAY 5 – TUESDAY

April 21, 2026

- Breakfast at the El Mouradi Gammarth Hotel
- Departures from Tunis as per personal plans

